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LANGUAGES: English and Spanish

EDUCATION:

C.Psych. Registered Psychologist, June 1, 1994, Registration #2694

Ph.D. Applied Psychology, OISE, University of Toronto, 1992.

M.Ed. Applied Psychology, OISE, University of Toronto, 1986.

B.A. Psychology (Honours), York University, 1984

- Member of the Canadian Register of Health Service Providers in Psychology
- Member of the Canadian Academy of Psychologists in Disability Assessment
- Member of the Ontario Psychological Association
- Member of the Canadian Psychological Association

MAJOR AREAS OF INTEREST AND SPECIALIZATION:

Rehabilitation/Clinical

Psychology: Emphasis on assessment and psychotherapy

Assessment: Psychological Disability Assessments (IMEs),
Psycho Vocational Assessments, Psycho Educational
Assessments, Cognitive/Intellectual Ability Testing,
Personality/Emotional Functioning Testing.

Psychotherapy: Emphasis on Cognitive-Behavioural, brief and
supportive therapy.

Areas of Focus: Trauma: related to work, illness/disability or motor vehicle accidents. Depression, Post-Traumatic Stress Disorder, Anxiety, Phobias, Stress, Chronic Pain and Disability. Self-esteem issues.

Cross-Cultural Psychology: Emphasis on the impact of language and culture on test administration/interpretation, diagnosing and treatment. The impact of language and culture on personality development.

WORK EXPERIENCE:

1994 – PRESENT	Psychologist, Private Practice
2004 – 2007	Psychologist, WSIB (Workers Safety & Insurance Board)
1993 – 2006	Faculty Member (adjunct) Adler School of Professional Psychology
Aug 1997 – 1999	Psychologist, TTASC (Treatment, Training, Assessment Service Centre)
Jan. 1995 – Dec. 1996	Independent Psychological Assessments IMAC (Independent Medical Assessment Centre)
Oct. 1992 – June 1994	Psychologist (Temporary Registry) Lacroix, Scher and Consultants
Jan. 1992 – Oct. 1992	Research Co-ordinator Regional Women's Health Centre, Women's College Hospital
May 1991 – Dec. 1991	Psychological Consultant Downsview Rehabilitation Centre, Workers Compensation Board
Jan. 1991 – June 1991	Clinician, Women's Multicultural Mental Health Clinic, Doctors Hospital.
Dec. 1988 – Dec. 1990	Psychometrist, Downsview Rehabilitation Centre, Workers Compensation Board.
Mar. 1988 – Nov. 1988	Co-ordinator, Cultural Interpreter Project and Researcher, Barbara Schlifer Clinic.

- Sept. 1987 – April 1988 Research Assistant, Resources for Feminist Research Journal
- Sept. 1986 – May 1987 Research Assistant, Applied Psychology, Ontario Institute for Studied in Education
- Mar. 1987 – Dec. 1988 Administrator, Shirley Samaroo Shelter for Women, Toronto, Ontario.
- Jan. 1985 – Mar. 1988 Counsellor for women victims of physical and psychological violence, Emily Stowe Shelter for Women, Scarborough, Ontario.
- Jan. 1987 – Jan. 1988 Group Facilitator and Community Worker, for Spanish and Multi-Ethnic group support for women at Rexdale Immigrant Women Centre
- Sept. 1983 – April 1985 Psychology Intern, West Park Healthcare Centre. Toronto, Ontario.
- 1982 – 1984 Co-ordinator, Campus Connection, Peer Counselling Service, York University, Toronto, Ontario.
- 1981 – 1982 Director of Women’s Affairs, Council of York Students Federation, York University.

PUBLICATIONS AND PRESENTATIONS:

Pilowsky, J.; Celinski, M.; Kozlowski, A.; Antoniazzi, M.; and Mainwaring, L. Resourcefulness in Rehabilitation and in Peak Performance: presented at the 60th Annual Convention of the Ontario Psychological Association, Feb. 20 – 27th, 2007, Toronto, Ontario.

Pilowsky, J. Women and Trauma: Challenging Boundaries, Healing Wounds, Taking Action: presented at the Centre for Addiction and Mental Health, as part of International Women’s Day, Toronto, March 7, 2002.

Fine, D, and Pilowsky, J. Legal and Psychological Aspects of Credibility: Presented at the Global Migration: Bridging Practice, Policy and Research – Learning from the Past, Planning for the Future. Canadian Council for Refugees, Vancouver, June 2000.

Pilowsky, J. Special Issues in Client Relations: Power Imbalances in Professional Relationships. Issues From an Immigrant and Refugee Perspective. Sponsored by the College of Psychologists of Ontario, presented at the Fifty-third Annual Convention of the Ontario Psychological Association, Toronto, February 25, 2000.

Pilowsky, J. Must Birds of a Feather Flock Together? Issues and Challenges of Cross Cultural Psychology. Sponsored by the College of Psychologists of Ontario, presented at the Fifty-second Annual Convention of the Ontario Psychological Association, Toronto, February 26, 1999.

Pilowsky, J. and Murray, M., Motor Vehicle Accidents: An Exploration of Post-Traumatic Stress Disorder: presented at the Canadian Traumatic Stress Network Annual Conference, Toronto, May 2 - 6, 1998.

Pirie, M. and Pilowsky, J. Working May be Hazardous to Your Health: The Traumatization of Everyday Life: Journal of Trauma and Illness. Vol.3(1), February, 1998.

Pilowsky, J. Sexual Orientation As a Basis for Refugee Status: presented at Vigil Toronto, Toronto, Ontario, November 23, 1997.

Pilowsky, J. and Dreetsikas, T. Women Survivors of War and Torture: presented at the Barbara Schlifer Commemorative Clinic "The Many Faces of Trauma: Impact of Race, Culture, Disability and Sexual Orientation on Approaches to Counselling Women Survivors of Sexual Violence", Toronto, Ontario, May 2, 1997.

Pilowsky, J. Symposium: Research and Practice in Rehabilitation, Toronto, Ontario, June 14, 1997.

Pilowsky, J. and Pirie, M. Rehabilitation of Victims of Torture: presented at the annual conference of the Canadian Psychological Association, Toronto, Ontario, June 14, 1997.

Pilowsky, J. and Pirie, M. Post-Traumatic Stress Disorder Nuances of Diagnosis: Variations in Treatment: presented at the XXIV International Congress of Psychology, Montreal, Quebec, August 1996.

Pirie, M. and Pilowsky, J. Riding Out Resistance: Building Client Motivation to Change. CARP Newsletter, Fall Issue, 1995.

Pilowsky, J. The Courage to Leave: An Exploration on Spanish Speaking Women Victims of Spousal Abuse. Canadian Journal of Community Mental Health. 1993 Volume 12 #2, page 15-29.

Freire, M. and Pilowsky, J. Long Term Effects of Organized Violence on the Mental Health of Children. Presented at the IV International Conference of Centres, Institutions and Individuals Concerned with the Care of Victims of Organized Violence, December, 1994, Manila, Philippines.

Bacal, S.; Celinski, M.; Pilowsky, J. and Salmon, D. Accident Specific and Non-specific Psychological Disorders among Industrially Injured Workers. Presented at the Annual American Psychological Association Convention, August, 1993. Toronto.

Salmon, D.; Celinski, M.; Bacal, S.; Pilowsky, J. and Vondel, N. The Relationship between Head Injury Severity, Cognitive Dysfunction and Psychopathology. Presented at the Annual American Psychological Association Convention, August, 1993, Toronto.

Pilowsky, J. Counselling Victims of Torture. Presented at the XVIII International Congress of Mental Health and the Law, April, 1993, Lisbon, Portugal.

Pilowsky, J. Violence Against Immigrant and Refugee Women. Presentation at Women's College Hospital at the Never Again Conference, Toronto, December 1992.

Pilowsky, J. Reflections About Therapy. Presented at the 16th Annual CRIAW Conference. Toronto, November, 1992.

Pilowsky, J. Does Culture Make a Difference?. Presented at the Ontario Association of Distress Centres Conference, Toronto, September 25 - 26, 1992.

Pilowsky, J. and Pirie, M. Designing Health Promotion for Women. Workshop at the University of Toronto, School of Continuing Studies, Toronto, September 1992.

Celinski, M.; Salmon, D.; Bacal, S. and Pilowsky, J. What is a Better Predictor of Head injury Symptomology : Physical or Psychological Trauma?. Presented at the 25th International Congress of Psychology, Brussels, Belgium. July, 1992.

Pilowsky, J. Immigrant Refugee and Minority Women in Canada : A Population at Risk. Presented at the Annual Meeting, Canadian Psychological Association. Quebec, June 1992.

Pilowsky, J. Immigrant Refugee and Minority Women in Canada : Mental Health Needs. Presented at the National Conference "Towards Equity in Health". Canadian Council on Multicultural Health, Whistler, B.C., April, 1992.

Pilowsky, J., Bacal, S., Celinski, M., and Salmon, D. Mental Health Problems in a Multicultural Varied Population. Presented at the National Conference "Towards Equity in Health". Canadian Council on Multicultural Health, Whistler, B.C., April, 1992.

Celinski, M.; Salmon, D.; Kimel, S. and Pilowsky, J. Impact of Injury Scale : Symptomology and Psychopathology in Back and Head Injury Patients. Presented at the Annual Ontario Psychological Association Convention. Toronto, Feb, 1992.

Pilowsky, J. Community Mental Health and Women. Presented at the Annual Convention of the Ontario Psychological Association, Toronto, February, 1992.

Bacal, S. and Pilowsky, J. Psychopathology Among Hispanic Workers. Presented at the Annual Convention of the Ontario Psychological Association, Toronto, February, 1992.

Pilowsky, J. Designing and Evaluating Community Programs for Women. Workshop presented at Ontario Coalition of Agencies Serving Immigrants, Orillia, Ontario, 1992.

Pilowsky, J., Santinoli, A., and Pinedo, M. Survey Results from the Family Violence Research in the Spanish-Speaking Community. Presented to the Family Violence Conference, June 1991.

Mitsopolous, A. and Pilowsky, J. Community Psychology and Ethnic Minorities. Presented at the Annual Meeting of the Canadian Psychological Association, Calgary, June, 1991.

Pilowsky, J. Workshop facilitation at The Understanding Sexual Assault Training Program. Organized by the Centre for Spanish Speaking Peoples, Women's Program and the Multicultural Women's Program, Doctor's Hospital, Toronto, June 1991.

Pilowsky, J. Community Consultation Report on the Mental Health Needs of Immigrant Women. Doctors Hospital, Toronto, Ontario, April 1991.

Pilowsky, J., Mitsopolous, A. and Rojo, A. Ethnic Minorities and the School System. Paper presented at the Multiculturalism and Education Conference, OISE, Toronto, Ontario, February, 1991.

Mitsopolous, A. and Pilowsky, J. Revision of the Canadian Code of Ethics for Psychologists: Application to an Ethnically-Diverse Population. Proposal incorporated in the Code of Ethics for Psychologists, Canadian Psychological Association, 1991.

Bacal, S.; Pilowsky, J. and Mitsopolous, A. Incidence of Psychological Disorders among Various Ethnic Groups. Paper presented at the Annual Meeting Canadian Psychological Association. Ottawa, Ontario, June 1990.

Pilowsky, J. and Mor, S. Support Systems Available to Abused Immigrant Women in Metropolitan Toronto. Paper commissioned by Ontario Women's Directorate, 1990.

Pilowsky, J. Women's Programming and Family Counselling. Presented at the Conference on Strategy for Participation in Canadian Life organized by the Canadian - Polish Congress, Committee for Social Affairs, September 22 - 24, 1989, Toronto.

Mor, S. and Pilowsky, J. An Artist in Therapy ; A Qualitative Analysis of a Diary. Presented at the 8th International Human Science Research Conference. Denmark, August, 1989.

Coutinho, T. and Pilowsky, J. Cultural Interpreter's Project : A Feasibility Study. Commissioned by Ministry of Culture and the Barbara Schlifer Clinic, 1988.

Pilowsky, J. Silver Streams. In : Priorities : a Review for Developing Alternatives. Vol.1, no.1, 1984.

Pilowsky, J. Silver Streams. In : A Feminist Quarterly Fireweed. Women of Colour Issue. Vol.16, Spring 1983.

Pilowsky, J. The Spider Web. In : Canadian Women Studies Vol. 3, no. 4, Summer 1982.

Pilowsky, J. Sweet Sixteen. In : Canadian Women Studies. Vol.4, no.1, Fall 1982.

AWARDS AND GRANTS:

- 2003 Ontario Volunteer Service Awards 10 years of Service
- 2002 Ontario Volunteer Service Awards 25 years of Service
- Ontario Women Directorate Grant For Research on Abused Immigrant Women, 1989.
- Creative Writing Award. Ontario Council of Arts, 1984.
- Creative Writing Award. Association of Spanish-Speaking Students. York University, 1984.

ASSOCIATIONS:

- Canadian Academy of Psychologists in Disability Assessments, President (2004-2005), current member.
- Canadian Psychological Association, Secretary/Treasurer of the International and Cross-Cultural Section (1991-92); Symposium organizer, Cross-cultural Section, CPA Annual Convention, Quebec, June, 1992 & Montreal, June, 1993. Present CPA representative to the Easter Seals, March of Dimes National Council.
- Ontario Psychological Association, Member of Advocacy Committee, 1998.
- Canadian Centre for Victims of Torture, (Board Member, 1996)
- Centre for Spanish Speaking People, (Board Member, Vice-President, 1992-93)